



## Cranberry Almond Chicken Salad



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Entire recipe: 193 calories, 9.5g total fat (1g sat. fat), 472mg sodium, 10.5g carbs, 1.5g fiber, 6.5g sugars, 16.5g protein

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**Prep:** 5 minutes



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### Ingredients

1 tbsp. light mayonnaise  
1/4 tsp. garlic powder  
1/8 tsp. dried dill  
One 2.6-oz. pouch [Starkist Premium White Chicken](#)  
2 tbsp. finely chopped cucumber  
1 tbsp. sweetened dried cranberries, chopped  
1/4 oz. (about 1 tbsp.) sliced almonds  
Serving suggestions: lettuce cups, low-carb flour tortilla (as a wrap), toasted whole-grain bread

### Directions

In a medium bowl, mix mayo, garlic powder, and dill.

Add chicken, cucumber, cranberries, and almonds. Mix thoroughly.

**MAKES 1 SERVING**

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