



Gimme Gimme S'mores Sandwich



Entire recipe: 154 calories, 5g total fat (3.5g sat. fat), 108mg sodium, 27.5g carbs, 1g fiber, 14g sugars, 1.5g protein

Prep: 5 minutes

Freeze time: 1 hour

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Ingredients

1/4 cup natural light whipped topping, thawed
8 miniature marshmallows
1 tsp. mini semi-sweet chocolate chips
1 sheet (4 crackers) low-fat honey graham crackers

Directions

To make the filling, in a small bowl, gently mix all ingredients *except* graham crackers.

Break graham cracker sheet into two squares. Top one square with filling, and gently top with the other square.

Freeze until solid, about 1 hour.

MAKES 1 SERVING

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