



Mini Cheeseburger Pies



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1/3rd of recipe (5 pies): 128 calories, 5.5g total fat (1.5g sat. fat), 285mg sodium, 14.5g carbs, 2g fiber, 1g sugars, 8.5g protein

Prep: 5 minutes **Cook:** 5 minutes



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Ingredients

15 frozen mini phyllo shells
3/4 cup frozen meatless crumbles
3 tbsp. light/reduced-fat cream cheese
2 tbsp. chopped dill pickle
Optional toppings: ketchup, mustard

Directions

Preheat oven to 350 degrees. Place phyllo shells on a baking sheet, and bake until lightly browned and crispy, 3-5 minutes.

Microwave meatless crumbles for 1 1/2 minutes, or until hot. Add cream cheese, and stir until melted.

Spoon mixture into the phyllo shells, and top evenly with pickle.

MAKES 3 SERVINGS

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