



# **Peanut Butter Cup Coffee Freeze**



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Entire recipe: 145 calories, 6.5g total fat (2.5g sat. fat), 190mg sodium, 17g carbs, 4g fiber, 5.5g sugars, 8g protein

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**Prep:** 5 minutes



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## Ingredients

- 2 tbsp. powdered peanut butter (like the kind by PB2)
- 1 tbsp. unsweetened dark cocoa powder
- 2 tsp. (or 1 single-serving packet) instant coffee granules 2 packets no-calorie sweetener
- 1 tsp. mini semi-sweet chocolate chips 1/4 tsp. xanthan gum (like the kind by Anthony's)
- 1/2 cup unsweetened vanilla almond milk
- 1 1/2 cups crushed ice (about 12 cubes)
- 2 tbsp. light whipped topping

### Directions

In a tall glass, combine powdered peanut butter, cocoa powder, coffee, sweetener, chocolate chips, and xanthan gum. Add 3 fl. oz. very hot water, and stir to dissolve.

Transfer mixture to a blender. Add almond milk and ice. Blend at high speed until smooth, stopping and stirring if needed.

Pour drink into the tall glass, and top with whipped topping.

#### MAKES 1 SERVING

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