



Cranberry Pistachio Fro-Yo Bark



1/6 of recipe: 129 calories, 4.5g total fat (2.5g sat. fat), 55mg sodium, 15g carbs, 0.5g fiber, 11g sugars, 7g protein

Prep: 10 minutes

Freeze: 2 hours

More: [Gluten-Free](#)



Ingredients

1 1/2 cups fat-free plain Greek yogurt
1 cup light whipped topping (thawed from frozen)
4 packets natural no-calorie sweetener
1 tsp. vanilla extract
1 dash salt
3 tbsp. sweetened dried cranberries, chopped
3/4 oz. (about 3 tbsp.) chopped pistachios
2 tbsp. white chocolate chips, chopped

Directions

Line a baking sheet with parchment paper. (If it won't fit in your freezer, use an 8"x8" baking pan instead.)

In a large bowl, combine yogurt, whipped topping, sweetener, vanilla extract, and salt. Mix until smooth and uniform.

Spread mixture onto the baking sheet in a thin layer, about 1/4 inch thick.

Top with remaining ingredients, and lightly press to adhere.

Freeze until solid, at least 2 hours.

MAKES 6 SERVINGS

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