



Greek Lemon Chicken Open-Faced Sandwich



Entire recipe: 205 calories, 4.5g total fat (1g sat. fat), 762mg sodium, 31.5g carbs, 7g fiber, 3.5g sugars, 15.5g protein

Prep: 5 minutes



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Ingredients

- 1 light English muffin
- One 2.6-oz. pouch [Starkist Chicken Creations Zesty Lemon Pepper](#)
- 1/4 cup chopped tomato
- 1 tbsp. reduced-fat crumbled feta cheese
- 2 tsp. sliced black or kalamata olives

Directions

Split English muffin in half, and top with chicken and tomato.

Sprinkle with feta and olives.

MAKES 1 SERVING

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