



Strawberry Sunshine Power Boost



Entire recipe: 44 calories, 0g total fat (0g sat. fat), 46mg sodium, 10.5g carbs, 2g fiber, 5g sugars, 0.5g protein

Prep: 5 minutes



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Ingredients

- 1 packet [EBOOST Super Powder](#)
- 1 packet no-calorie sweetener, or more to taste
- 3/4 cup frozen strawberries, slightly thawed
- 1/2 cup crushed ice (about 4 ice cubes)

Directions

In a tall glass, combine Super Powder with sweetener. Add 1 cup cold water, and stir to dissolve.

Transfer to a blender. Add strawberries and ice. Blend at high speed until smooth, stopping and stirring if needed.

MAKES 1 SERVING

HG FYI: A previous version of the recipe called for [Hungry Girl Your Daily Bright Boost powder](#), which is no longer being produced.

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